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Vol. 88, No. 35

Monday, February 13, 2012



PHOTOS BY PAUL JONES / THE BREEZE

TOP Carlos Mateo, 8, of Harrisonburg attends the Second Home aftercare program at the Muhlenberg Activity Center. **BOTTOM** Senior IDLS major Lauren Midyette plays games with Giovanni Gio, 5, and Reynaldo Fana-Alcantara, 5, of Harrisonburg. Midyette said she wants to have a lasting impact on the children. "I hope I learn about different people's situations and how they cope with it on an individual basis," she said.

Second Home provides before- and aftercare for impoverished children, supported by JMU and Harrisonburg volunteers

>> More photos of Second Home at breezejmu.org

By **SEAN BYRNE**
The Breeze

Angel Hendrix, a fifth grader, has plans to start a fundraiser to donate to St. Jude Children's Research Hospital.

"On Martin Luther King Day, we went to a church, and they were talking about cancer," Hendrix said. "I had the idea to start a bake sale, so we could sell goodies and treats and donate the money to St. Jude. Our goal is to raise \$120."

This idea is largely thanks to Second Home Childcare Center, which provides food, friends and education for local elementary and middle school children.

The nonprofit organization works with children, especially those of impoverished or minority status, before or after school while their parents are at work.

Second Home, located on East Market Street in the Muhlenberg Activity Center, is licensed to care for up to 75 children from second to seventh grade.

Patty Sensabaugh has been the program's director since its beginning in 2007.

"We make sure kids are safe, provide an academic program and prevent bad behaviors that could result from growing up in these conditions," Sensabaugh said.

The program is heavily supported by the surrounding community, including student volunteers from JMU organizations like Kiji-ji, women's ultimate frisbee, Phi Sigma Pi,



the Honors Program, Justice Studies Student Organization, Alpha Kappa Psi and its faculty members, United Way and the Muhlenberg Lutheran Church.

Volunteers and full-time staff have also been the backbone of the organization, which runs solely on donations. Although the number of volunteers varies on a day-to-day basis, the program has four full-time staff members, two or three daily volunteers and a few children acting as junior helpers.

"These teachers have put their heart and

soul into this. They're just incredible," Sensabaugh said. "We're very fortunate to have the support of JMU, the Lutheran Church, the community and the volunteers."

The program, its volunteers and staff work directly with children coming from Spotswood Elementary and Thomas Harrison Middle Schools.

Ann Connors, principal of Spotswood Elementary, saw the need for the program after children were coming to her with keys around their necks so they could let themselves into their homes after school.

The church "rallied support from its members, their neighbors and the Harrisonburg community, and they opened a licensed childcare center in the fall of 2007," Sensabaugh said.

Second Home now works directly with the schools and works to help the children feel more comfortable in school, some who only know English as their second language.

"It really helped me with my math because I used to get 'F's,' and now I get 'A's,'" said Claudio Hernandez, a seventh grader.

Ethan Lovelace, a fourth grader, has also seen dramatic improvement in his reading skills.

"I started my book yesterday, and now I'm on chapter nine," Lovelace said. "I usually never read chapter books."

In the morning, the parents drop off their children at the center. After a snack and sometimes a nap, the school bus comes to pick them up. In the afternoon, the school bus takes the children to the center.

Every day, the children get a snack and spend 30 minutes reading a book of their

see **VOLUNTEERS**, page A4

Q&A

Alger's agenda



PAUL JONES / THE BREEZE

Jon Alger will end his time at Rutgers and begin his presidency at JMU July 1.

By **ALISON PARKER**
The Breeze

President-elect Jon Alger, currently the senior vice president and general counsel at Rutgers University, is preparing for his Harrisonburg listening tour later in the semester. In an email interview, *The Breeze* spoke with Alger about his goals for his future presidency, his interests and his values as a leader.

Where were you born and raised? When I was born, my family lived in western New York state in a small town called York. My family moved about half an hour north when I was 5 to a suburb of Rochester called Chili, where I attended school. My father spent his entire career at Eastman Kodak, and my mother took care of her three children. I have an older and younger sister.

Give us a little background on your life, some things you would like us to know about you. I have been involved in music my entire life and for most of my life have sung with choral groups. As a child I was involved in a lot of activities, especially music — I played the trombone, sang in various choral groups and was in our high school musical. One of my high school teachers, John Lynd, encouraged me to go to Japan through the Youth for Understanding program for the summer of my junior year. I lived with a family in a suburb of Tokyo. I learned that it was important to understand and appreciate the perspectives and experiences of people from different cultures and backgrounds.

What's your favorite pastime? I was in a large chorus and smaller chamber group at Swarthmore College and also sang with a choir at Harvard Law School. After law school, I sang for 11 years with The Choral Arts Society of Washington, which gave me opportunities to perform at the Kennedy Center and on national television, participate in professional recordings and travel. I cherish time with my family. We also love attending college sports events together. We look forward to being proud supporters of the Dukes, both on and off the field! We also like to travel, see the world and meet new people. We have hiked together in many states and several countries.

What made you consider JMU for presidency? While I was approached about a few other presidencies and explored other possibilities, JMU definitely represents the right fit for me personally. The warm welcome my family and I have received has strongly reinforced that feeling for all of us. I am honored and humbled by my appointment and look forward to building on the great foundation set forth by President [Linwood] Rose, his predecessors and their colleagues.

If you could travel anywhere in the world, where would you go? Why? South Africa is one country that particularly intrigues me because it combines natural beauty with a rich history and culture. I greatly admire how that nation is striving to create and sustain a vital, inclusive democracy in the face of a challenging past. I am also hoping to visit China someday soon, as I am fascinated by how this ancient culture and society is so rapidly transforming itself and making a global impact.

see **ALGER**, page A4



PAUL JONES / THE BREEZE

Biology from the ground up

The new bioscience building, officially named Centennial Hall, is now 89 percent complete as of Saturday. The building is expected to be complete on April 23 and will be open for classes this fall. On the list of things left to do is greenhouse glazing, installation of a glass canopy, building of exterior glass doors and installation of auditorium seating. The building features many large windows as a way to let in natural light, and the interior design is meant to evoke the natural elements students will be studying. There will also be two outdoor classrooms and public spaces for students and professors to interact informally. The cost of the building is around \$33 million, according to the JMU Office of Public Affairs.

2/13 **INSIDE**

A3 **NEWS**
Gender issues
Organizations convene to discuss controversial female topics.

A5 **OPINION**
Pictures of obesity
Ad campaign's images of overweight kids won't lower children's weight.

B1 **LIFE**
Crossword charity
Honors program holds Scrabble tournament for a local nonprofit.

B3 **SPORTS**
Cutting the ice
The club ice hockey team has improved drastically since its first season four years ago.



Today
mostly sunny
44°/30°



Tuesday
snow
49°/33°



Wednesday
mostly sunny
51°/34°



Thursday
rain
47°/36°

EDITORS Matt Sutherland & Mary Claire Jones EMAIL breezecopy@gmail.com

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The Breeze

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MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

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IF YOU WERE BORN TODAY:

Rely on your team to go all the way; aren't networks amazing? Grow yours this year. Your friends are your most valuable wealth, gifting you with laughter and love, fabulous ideas and surprises. Pay it forward, even in advance. Plant seeds of kindness.

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(Jan. 20-Feb. 18)

Today you're especially attuned to creating new business. Launch a marketing campaign and contact clients you appreciate.



PISCES

(Feb. 19-March 20)

There's so much to do today, and you have the power to make it happen.



ARIES

(March 21-April 19)

Mercury is in Pisces from today until March 2, shifting to a flowing, live-in-the-moment perspective on communications.



TAURUS

(April 20-May 20)

Take time for mind, body and spirit. You may find yourself tempted to a more "laissez-faire" point of view. Let it be.



GEMINI

(May 21-June 20)

Utilize your best administrative and management skills to handle the workload today.



CANCER

(June 21-July 22)

Invent a fun, new game at work, a new vision for the future. Release cynicism or fear. Imagine the world you'd like to see for your children and contribute to that.



LEO

(July 23-Aug. 22)

Spend time with friends and figure out how you can work together. Networking benefits your career for the next few weeks.



VIRGO

(Aug. 23-Sept. 22)

Your partner seems more perceptive, and you have an easier time expressing yourself through the end of the month.



LIBRA

(Sept. 23-Oct. 22)

Organization increases income. Explore the great human mysteries of life, death and love.



SCORPIO

(Oct. 23-Nov. 21)

You're in charge, and you know it. How do you define "success"? It's more powerful if it includes laughing at yourself.



SAGITTARIUS

(Nov. 22-Dec. 21)

Indulge your social yearnings. It's in your interest to talk to a person of higher position.



CAPRICORN

(Dec. 22-Jan. 19)

Get in touch with special friends you haven't seen in a long time. Make a phone call, write an email or even send an old-fashioned love letter.

What do you want to see on Page 2?

Email breezecopy@gmail.com.

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UREC would like to welcome you to join us for our annual non-sanctioned climbing competition held at the JMU UREC Climbing Wall. This year we are switching up the ROC format to include both bouldering and top roping. This event is a unique opportunity to have fun, meet great people, challenge yourself, and contribute to an important cause.

WHO

Climbers of all ages and skill levels

WHAT

Non-sanctioned bouldering and top rope climbing competition

WHEN

Saturday, February 18th from 7:00AM-5:30PM

WHERE

James Madison University Recreation

WHY

To have fun & benefit the Jared Neville Foundation, which was created for the late Jared Neville, an inspiring climber at JMU and throughout the area. The foundation was created in Jared's memory, to support the maintenance and access to local climbing areas.

HOW

Info at <http://www.jmu.edu/recreation/Events/ROC.html>. Fill out the attached registration form and send it to the address with payment. It's that easy! First 25 to register get a free t-shirt!

COST

The fee is \$20 to pre-register and \$25 the day of the event.

FOR QUESTIONS AND/OR MORE INFORMATION PLEASE CONTACT

Sheree Mullen at
mullensc@jmu.edu or
540-568-8725.

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LAURA WILKINS / *THE BREEZE*

CONTACT Alison Parker at breezenews@gmail.com.

VOLUNTEERS | ‘We love to see the kids come through the door’

from front

choice. Then comes home-work time and free activity. Free activity is spent playing active games outside like tag, soccer and playing board games. It’s a chance for the children to run around and release all their pent-up energy from the day.

Volunteers and teachers work to encourage and support the children in order to improve their reading, math, social skills and teamwork.

“We want to raise self-esteem over body image, self-confidence and how a child perceives itself,” said Chloe Paccaly, a Kijiji member, Second Home volunteer and fifth-year senior international affairs and finance double major. “A lot of these kids’ parents work hard. English as a second language and school isn’t that easy. We thought it would be a great place to get to know and interact with them.”

Kijiji got in touch with Second Home when Dawn Womack, Kijiji’s leadership program specialist, met Sensabaugh at a convention.

“I could see there was a connection between the Kijiji

participants who wanted to build an after-school program and the Second Home who had children from lowly families,” Womack said.

Kijiji has been a constant participant since it initially joined in September 2011. Kijiji works to promote leadership, teamwork and self-esteem among the children through team building activities every Friday afternoon, plus one-on-one attention specific to each student.

Womack has been very pleased with the group’s work so far.

“To see that positive relationship that our students had with the children was inspiring,” Womack said. “To see that they were making the connection and having a positive impact was exceptional.”

The children show constant improvement in grades, reading and social skills and also in how much they look forward to seeing their newfound mentors.

They often ask the volunteers before they do anything, or give a quick hug to their mentors in passing.

“We love to see the kids come through the door, and

they look forward to playing and being with our volunteers,” Sensabaugh said.

Christina Zahn, a 2011 graduate, works at Second Home as a teacher.

“I really enjoy the gratification of the kids’ progress, seeing how they work, and I help them excel where they can,” Zahn said. “I enjoy seeing them interact and them gaining something from here. We give them love and support.”

Zahn also uses her Spanish degree to talk with parents and work as a translator between parents and teachers.

“The families really enjoy that we’re able to sit down and say, ‘We love your kid, this is what we need to do, and here is how we are going to be able to do it,’ ” Zahn said.

Patty Sensabaugh is the mother of senior Katie Sensabaugh, the opinion editor for *The Breeze*. She had no part in writing or editing this story.

CONTACT Sean Byrne at byrnesr@dukes.jmu.edu.

DEBATE | Conflicting views on abortion, education and wage gap

from page A3

get pregnant,” Clarke said. “While contraceptives are effective, they’re not 100 percent effective, and you still run the risk of getting pregnant, or getting that disease that you’re stuck with for the rest of your life.”

At the conclusion, the audience asked the panel their own prepared questions.

Dystany Muse, a freshman justice studies major, was impressed with the statements that came from the panel’s male participants.

“They are all white men speaking, and they realize that they are, in society, slightly dominant and that women, especially African American and Latino women, are treated very unfairly, and I liked that they recognized that,” Muse said.

Despite multiple disagreements, panelists had positive thoughts on the debate.

“Even though we personally might not be affected by the like, the wage gap or abortion being legal,” Shibut said, “I think that it is an issue that we can recognize as important for women we know.”

CONTACT IJ Chan at chanij@dukes.jmu.edu.

FOREIGN | Traveling expensive

from page A3

“I saw it got good ratings for a public university, and College Board said good things about the College of Business, so I decided that I wanted to come here.”

Jake Rath, a freshman accounting major from Indonesia, wanted to go into the business field at a smaller school.

“I wanted to get into business, and JMU has a good business school, and it didn’t seem as big as the University of Virginia,” Rath said.

But the opportunities that JMU may provide also come with a cost. Whether they stay in the U.S. or go back to their home countries, international students may have to work off debt after graduation.

“It’s so much more expensive to come to America, but there are scholarships that help the cost,” Owusu said. “I am worried about finding a job after graduation in D.C., so hopefully I’m not in too much debt.”

Owusu spent half of his life in Ghana and half in Germany, where public universities are very cheap, with only small administration fees to pay.

Tuition isn’t the only financial factor that international students have to consider.

After international students pay their deposits to JMU, they must complete an I-20 form issued by the Office of International Student and Scholar Services and pay a \$200 Student and Exchange Visitor Information System fee.

International students must also go to the U.S. Embassy in their home countries to obtain a visa, which could cost several hundred U.S. dollars, but depends on the country, Blough added.

Sanchez said that one inconvenience for foreign students is the money to travel elsewhere during breaks.

“We really have to look for other places to stay, such as with a roommate or hallmate,” Sanchez said. “For instance, I went to Wisconsin for Thanksgiving because I have a friend who lives there. We spend a lot of money on traveling.”

Despite the financial burden, many international students said they’re happy to trade the familiar cultures of their home countries for the American university experience.

“At first, the language barrier is the hardest adjustment,” Sanchez said. “You don’t feel that confident talking when people notice your accent. When you start to take confidence in yourself, you start to be yourself.”

CONTACT Anne Elsea at elseaav@dukes.jmu.edu.

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LETTER TO THE EDITOR

Salary sympathy

I would like to thank *The Breeze* for printing the editorial about faculty salaries, “Underpaid, overworked” in Thursday’s issue. I don’t think students are aware of the problem of faculty salaries at JMU.

Every day I drive past the new club fields under construction on Port Republic Road and wonder how many millions and millions of dollars are going into their construction. Did students even ask for these fields? Combine that with the millions spent on enlarging the football stadium.

And yet the university is too poor to give faculty a raise in the past four years. Even a plan to bring faculty salaries up the level of new hires is being tabled.

The university would like us to feel lucky just to have a job. I do feel lucky, but that does not take away from the fact that the university’s priorities are skewed. I believe that students care more about having a strong faculty than they do about athletic fields.

What does it say to students when they see the university investing so much in athletics when students can’t get into the classes they need to finish their major? Or when a favorite professor leaves for a better job? Or when they have to sit in a class of 200 students?

Let’s see the same commitment from the administration for academics that it expects students to have.

Sarah O’Connor
associate professor of writing,
rhetoric & technical communication

JESSICA WILLIAMS | in plain English

Heavy problems

Pictures of overweight kids won’t help obesity campaign tackle children’s health issues

Pictures of obese children aren’t exactly encouraging. But Strong4Life hopes pictures of overweight kids



work in lowering childhood obesity.

There isn’t a doubt in my mind that the organization has good intentions, but good intentions don’t

always mean good results. The campaign, run by Children’s Healthcare of Atlanta, has come under fire recently for its anti-obesity ads, which feature pictures of overweight children with captions like “It’s hard to be a little girl if you’re not.” Modeled after the “scared straight” program, which strived to keep kids off drugs, most of the advertisements take an angry or bitter tone to grab the attention of parents and force them to think about their children’s weight.

“When we looked at how do you get that awareness, really the most effective means are to use techniques that some might say are controversial,” said Dr. Mark Wulkan, surgeon-in-chief at Children’s Healthcare of Atlanta, in an interview with the BBC on Thursday.

While I understand the campaign’s tactics, I don’t think it’s going about this the right way.

“There seems to be this perception that it’s OK to shame children and families struggling with obesity because that will provide an incentive to lose weight,” said Rebecca Puhl, director of research and weight stigma initiatives at the Rudd Center for Food Policy & Obesity, in an interview with CNN on Tuesday. The ads might provide an incentive to lose weight, but they offer no real suggestion or hope as to how — which should be the most important part. Besides a website in the corner (which few people probably even

notice), there isn’t one piece of information on how to loose weight in the entire advertisement.

There are other, more effective ways to get children motivated and parents more informed. Michelle Obama’s “Let’s Move!” campaign, which launched in 2010, has been teaching children how to stay active in fun, easy steps throughout the country. She explained in her speech to the press: “These words — ‘overweight’ and ‘obese’ — they don’t tell the full story. This isn’t just about inches and pounds or how our kids look. It’s about how our kids feel, and how they feel about themselves. It’s about the impact we’re seeing on every aspect of their lives.”

“Let’s Move!” consists of a lot more than a few ads targeting the depressing results of being an overweight child. It seeks to improve all children’s lives by educating them about how to eat less, play more, and make wise decisions about what they’re putting in their bodies from an early age. It manages to do this in colorful, eye-catching ways that make children want to be involved rather than scare them into participating.

Obama’s confession that she made the same mistakes as a working mother in Chicago makes “Let’s Move!” far less patronizing and far more appealing than the Strong4Life ads.

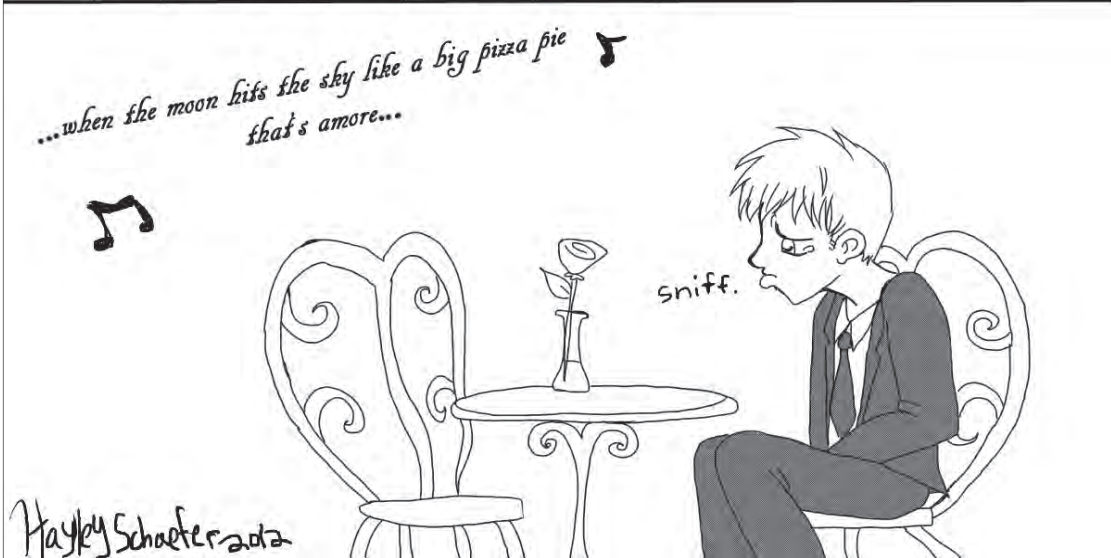
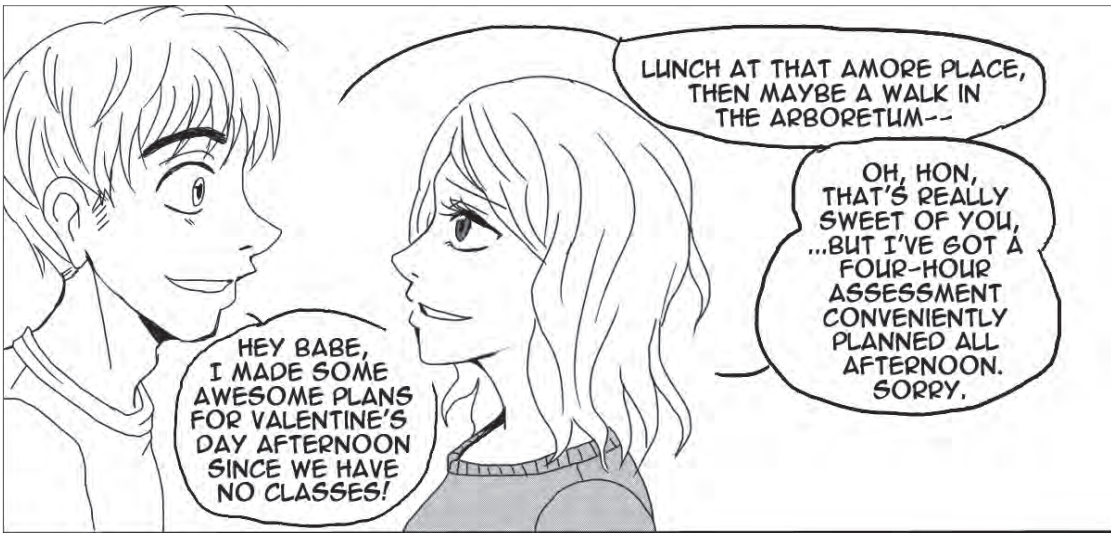
It just isn’t necessary to make something that’s already such a scary issue into something even scarier. While Strong4Life does grab the attention of parents, the ads could gain that same attention in much more sensitive and appealing ways. With a little bit of optimism, the Atlanta campaign could go much farther than it is now. After all, it’s working for the First Lady.

Jessica Williams is a sophomore English and writing, rhetoric & technical communication major. Contact Jessica at willij3jd@dukes.jmu.edu.

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VICTORIA PRICE | guest columnist

‘Conscience clause’ not about gays

New Virginia bill more about religious freedom, less about sexual orientation

Don’t worry. If you’re gay and want to adopt a kid, you’ll still be able to.

Senate Bill 349, known as the “conscience clause,” narrowly slid through the Virginia Senate on Thursday with a 22-18 vote. The bill allows private adoption agencies to screen prospective adoptive parents and deny them the opportunity to adopt.

Virginia is the second state in the nation — after North Dakota — to take this controversial step. With gay marriage already a debated issue, the heated issue of the conscience clause immediately had backlash among gay rights activists.

But it seems they might be overreacting. The bill doesn’t actually target gays; it is more aimed to protect private agencies from government intervention. The bill won’t actually change who can adopt, said Sen. Jeff McWaters, R-Virginia Beach, in the *Richmond Times Dispatch* on Friday.

Current state policies prohibit unmarried couples, regardless of sexual orientation, to adopt, according to *The Washington Post* on Tuesday.

Unfortunately, gay people in Virginia can’t get married, so the bill doesn’t prevent a gay couple from adopting since Virginia policy doesn’t allow couple adoptions in the first place.

“It is possible for single people, including gays, to adopt,” according to the article.

Instead, the main focus is on preventing a mix of church and state in private, faith-based organizations. The clause is something that “will chisel into law the principle that people of faith can adhere to their convictions without fear of reprisal,” explained House Deputy Majority Leader C. Todd Gilbert in the Tuesday article. In other words, and organization like Catholic Charities can choose not to let Jewish families adopt because it would contradict the Catholic doctrine.

But the legal ability to adopt isn’t what bothers gay rights groups like Equality Virginia. For them, the issue is about discrimination. “Any bill that sanctions discrimination is unfortunate and misguided,” said Sen. A. Donald McEachin, D-Shenandoah, in a report by *The Washington Post* on Tuesday.

While I agree that a bill allowing or encouraging discrimination would be pitiful, I don’t believe this is the purpose, or an effect, of the conscience clause. I think the community has mistakenly assumed the bill is a backward step for gay rights.

Of 77 private adoption agencies, only 16 of them are faith-based, according to *The Washington Post*. Because this legislation is directed at religious agencies, 61 organizations still have the ability to let gays adopt.

Yes, the religious community has traditionally looked down upon gays. But the bill isn’t about their rights. It’s about preventing the state from infringing on the freedom of religious expression in a private business.

I commend the gay-rights organizations for looking out for possible legislation that will stunt their progress. But I feel confident in saying that Bill 349 won’t discriminate against the gay community.

Victoria Price is a freshman writing, rhetoric & technical communication major. Contact Victoria at pricevm@dukes.jmu.edu.

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth.

Submit Darts & Pats at breezejmu.org

A “**nice-try**” dart to the girl sitting next to me during my oceanography test.

From a hard-working student who saw you sneaking quite a few peeks and decided to write down the worst answers possible on the actual test and fill in the correct answers on her Scantron.

A “**you-call-that-a-burrito?**” dart to Zoca for making a burrito the size of my fist.

From a hungry super-senior who remembers when the burritos were the size of his arm.

A “**too-bad-I’m-straight**” pat to my best guy friend.

From a dude who wishes his girlfriend was as easy to understand and get along with as you.

A “**see-ya-next-fall**” pat to the kind people who watched me walk on flat ground and suddenly fall outside of Keezell Hall, resulting in me ripping my jeans and my knee.

From a girl who appreciates you saying “That curb came out of nowhere” and “It happens to all of us.”

An “**I-don’t-know-why-but-it-makes-you-so-much-cooler**” pat to professors who cuss.

From someone who thinks it livens up the classroom.

A “**you-brightened-my-day**” pat to the girl who said, “Your hair looks really cute, by the way,” as she was getting off the bus.

From a girl who had a really long week and assumed her hair looked about as rough as she felt.

An “**I-told-you-this-would-happen**” dart to myself, for submitting a dart about complaining that I’ll never get one published.

From a graduating senior who didn’t want it to happen this way and who just wanted to see her non-complaining dart or pat in the paper ... dammit.

A “**you’re-one-classy-individual**” dart to the girl doing a kegstand in her miniskirt, even though it was 10 degrees outside.

From someone who thinks you should think twice about the clothes you were wearing before you decide to be flipped upside down.

A “**you-are-the-‘suite’st**” pat to my suitemate who bought me my favorite pack of Girl Scout cookies to cheer me up.

From your grateful friend who appreciates your act of kindness and hopes this pat will brighten your day like you brightened mine.

A “**how-do-you-like-me-now?**” dart to students complaining about unseasonably warm weather.

From winter.

MEET THE EDITOR

Life Editor: Laura Weeks

We think it’s important for you to be able to learn about the people who edit your newspaper. Each week, we will introduce you to one of our editors so you can put a face to the paper we publish.



1. I’m one of the few people who live without an iPhone. It’s a daily struggle not being able to FaceTime and HeyTell all day, but I’m surviving.

2. I’m a life editor. I edit people’s lives. But mostly, I work with writers to edit stories about concert and speakers on campus and help design the page.

3. I switched my minor this year from art to political communication — one of my greater life decisions. I don’t know why I was living under the illusion that I could draw.

4. I’m studying abroad in Italy this

summer. I refuse to watch “Taken.”

5. Three of my favorite sounds in the world are the shutter releasing on my Nikon; the crash of the ocean waves in Sea Girt, N.J., where my family goes every year; and when my 2-year-old nephew calls me “Naraa.”

6. I only applied to JMU. I wanted to go here since I was 11.

7. I’m always up for a long drive with the windows down, music up and no destination in sight.

8. I started with *The Breeze* as a photographer my sophomore year.

9. “Puppy Pictures” by Harvard Sailing Team is one of my top six favorite YouTube videos. My friends and I quote it an embarrassing number of times throughout any given day.

10. I was rescued out of a rip tide when I was 10 years old. Here’s a “thanks-for-keeping-your-eyes-on-the-ocean” pat to the lifeguard who saved my life all those years ago.

Laura Weeks is a junior media arts & design major. Contact Laura at breezearts@gmail.com.

Editorial Policies

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. *The Breeze* assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of *The Breeze* or its staff.

Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

The Breeze

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Honors Program hosts Scrabble tournament, raises money to benefit organization for illiterate adults

By **BETH WERTZ**
The Breeze

Some Scrabble players were looking for more than just triple word scores Thursday night.

The Honors Program hosted the Play For Literacy Scrabble Tournament to benefit Skyline Literacy, a nonprofit organization that benefits illiterate adults in the community.

Held at the Harrisonburg Event Center, around 40 participants in the event could enter play individually, or join a team of three. Winners of the nearly three-hour long event had a chance to take home a \$100 prize.

Awards were given at the end for achievements ranging from the highest-scoring team, the most creative team name and even the lowest scoring team. Prizes were all donated from businesses in the community, including Cold Stone Creamery, Barnes & Noble and Jimmy John's.

This is the first year Skyline Literacy and the JMU Honors Program have put on the tournament, but organizers hope to make it an annual event.

"We wanted to do something that was a little bit different," said Elizabeth Girvan, executive director of Skyline Literacy. "We thought it was a good fit, since Scrabble is about spelling and literacy."

When the Honors Program was approached by Skyline Literacy to host the event, members jumped at the opportunity to ramp up their involvement.

"We haven't been very active in the last few years," said Seana Sears, co-president of the Honors Program Board and junior biology major. "We're trying to take Honors past academics and into the community."



BRANDON PAYNE / THE BREEZE

Thursday's tournament was a way for the Honors Program to get involved with the community and support adult literacy. Teams of three competed in the nearly three-hour-long fundraiser that was eventually won by the "Bon-Mots."

The tournament was judged by members of the community, including retired educator Barbara Roadcap, WHSV anchorman Todd Corillo, and Charlette McQuilkin, a member of the board of Skyline Literacy who works for Rockingham County.

"We like to play competitive board games, so we thought it would be fun to support the local community and see if we can win a few prizes. And if we don't, we'll still have fun," said Aaron Schmitt, Harrisonburg local and member of "Team Bicycle Horse Pops A Wheelie."

Silas Downs, another Harrisonburg local and member of "Team Year of the Dragon," attended the event

seeking competition.

"I play when I can get someone to play with me," Downs said. "My friends and family won't play with me because I know too many weird words."

Although most are aware of the main rules of Scrabble, Skyline Literacy and JMU Honors Program gave a few new twists to the old game, giving an opportunity to even the playing field and raise some extra money.

During the game, if a team wanted to challenge another team's word, it could hold up a card and a judge would

see **SCRABBLE**, page B2

'Yoga' author meditates on body

Speaker shares story as part of National Eating Disorders Awareness Month

By **ALICIA HESSE**
The Breeze

Though international yoga instructor Christina Sell is used to giving yoga cues to a room full of people, her speech on self-love left some students in tears.

Wednesday's program, called "Making Peace With Your Body," drew a crowd of 600 students to Festival ballroom.

Sell spoke candidly about her struggle with bulimia and the journey of learning to love herself. The University Health Center's Student Wellness and Outreach and Sigma Sigma Sigma sponsored the event as part of National Eating Disorder Awareness Month.

"To me, we have an hour to talk about a lifetime of work," said Sell, author of "Yoga from the Inside Out" and "My Body is a Temple."

Sell said connecting with her spirit through yoga and developing a deep, abiding friendship with herself was key to overcoming the eating disorder.

"The practice of self-love is just that — it's a practice," Sell said. "Like in yoga, we learn that if we keep doing



JORDAN CMEYLA / THE BREEZE

Christina Sell spoke about overcoming eating disorders by searching within.

those same things, we get better at it."

Sell's message was "especially important for college students," said Ashley Pfost, a sophomore business management major and member of Tri-Sig.

"There's so much stress and factors that can trigger [eating disorders],"

Pfost said.

Sell said it's crucial to be honest with yourself and others about body image issues.

"Eating disorders are a smokescreen of a much deeper issue," Sell said.

see **BODY**, page B2

What is love?

Professors, students discuss what exactly fuels romance, attraction in series of conversations

By **JULLIAN KLINE**
contributing writer

While most people think love comes from the heart, others think it's found in a slightly higher organ — the brain.

Sara Williams, assistant director of public services at Carrier Library, and Bill Ingham, co-director and retired physics professor from JMU, moderated Thursday's discussion.

Held in the Harris Studio Theatre Lobby in the Forbes Center for the Performing Arts, the event was the third in a series of events called JMuse Café that allowed students and professors to gather in a casual setting.

"Society tells us not only who, but how to love."

Beth Eck
Associate professor of psychology

Three guest speakers at the two-hour event explained their definitions of love to about 30 people.

Beth Eck, associate professor of psychology at JMU, spoke about how society controls love.

"Society tells us not only who, but how to love," she said. "In our society, we're taught specifically that heterosexual romantic love is the most important emotion we'll ever feel."

Eck explained that people tend to become intimate with people like themselves. She described it as a "love market," with people exchanging goods and services like values and senses of humor until they find a good enough match.

Anne Stewart, a psychology professor, tackled the same topic but focused on such factors like an individual's biology and chemistry.

"Love is when you find someone who matches you in a few, if not all, factors like age, sexual orientation, religion and ethnicity," she said.

Stewart described dopamine as the "neural liquor" and responsible for feelings of "love" as well as the anomaly of love at first sight.

"We're all looking for certain

characteristics in a person," Stewart said. "They need to be physically attractive to us, have the right tone of voice and have a close amount of proximity to us in our lives."

Stewart explained that having the right scent, facial symmetry or even a good amount of mystery helps to create feelings of love for possible mates.

Robin McNallie, professor emeritus of English, contrasted with the technical feel of the event by reading poetry.

After the presentations, each table had group discussions on topics the table leaders chose. The topics varied from "Beauty vs. Ugliness in Love" to "How does technology change love?"

One table decided that unconditional love could be reached more easily with one's dog than with another person. Others discussed less traditional topics.

"Monogamy is important to our society because of religion and our parents," said Christina Hanks, a senior sociology major. "Usually, polygamy is talked about in a negative light. It was interesting to actually be able to talk about it."

Cody Whitfield, a junior theatre and dance major and table leader, said he especially loved being on the same level with everyone, professors and Harrisonburg community members alike.

"It's great that we could all have an intelligent conversation about a broad topic here," Whitfield said. "We approached love from an academic point of view, whereas we usually see 'love' only in a Kay Jewelers commercial or a song."

Williams said she enjoyed having JMuse Café's because of the conversations it facilitates.

"This is a great way to bring faculty, staff, students and people from the community together to share their opinions and knowledge," Williams said.

All the information and conclusions gathered at the Café's are uploaded onto the JMuse Café website at sites.jmu.edu/jmuse. The next JMuse Café will be March 15, when the topic will be on food production and policies.

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BECKY SULLIVAN / THE BREEZE

For whom the Belles toll

Garage rock revivalists The Black Belles performed a free show hosted by WXJM in Memorial Hall on Friday night. Around 70 people saw the band played songs from their self-titled 2011 debut. Touring with fellow female rockers Bleached, the band turned heads with both their '60s inspired "garage goth" sound and their matching intricate fashion choice. The group reached national attention when former White Stripes frontman Jack White brought the foursome onto an episode of "The Colbert Report."

from page B1

The tournament also had various bonus words that were worth an extra 10 or 20 points and cheat sheets with lists of 2- or 3-letter words, which could be looked at before the

Girvan and Sears are

"Next year we would like more involvement with the students," Girvan said. "I think if we can get the word out a bit earlier, we can get a competition going between JMU and Bridgewater or EMU. Competition is healthy."

CONTACT Beth Wertz at wertz2em@dukes.jmu.edu.

from page B1

"The thing about a food addiction is that we can't live without eating," Sell said. "You would never tell a heroin addict, 'Sit down, have your drug three

times a day.' ”

Pfost said she knows someone with an eating disorder.

"Even people who don't have an eating disorder need to be aware of it so they know the signs and don't develop one," Pfof said.

Molly Mobley, a sophomore nursing major noted the struggles Sell went through.

"It was touching to know she not only was underweight, but was also overweight," Mobley said. "She had to deal with both

as part of her disease."

As part of the road to recovery, Sell recommends professional help to determine a healthy weight range and having a structured food and workout plan.

Sell ended the program the same way she ends her yoga classes, with prayer hands and a choir intoning "Om."

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hesseam@dukes.jmu.edu.

By RICH HELDENFELS
Akron Beacon Journal

That's certainly the belief of Kevin Smith, the writer-director-actor famous for films such as "Chasing Amy" and "Dogma." Smith has also had a long life in comics: writing them, collecting them and selling them through his New Jersey store, Jay & Silent Bob's Secret Stash (named after two characters from several of Smith's movies).

"Comic Book Men," which premieres at 10 p.m. EST Sunday on AMC (after the

return of the comic-inspired “The Walking Dead”), follows Smith and other workers in his store as they talk about comics and deal for rare and precious items. Smith has compared it to “Antiques Roadshow,” in the discovery of treasures others would consider junk.

"It's like taking a box of Cap'n Crunch Crunch Berries, removing all the Cap'n Crunch, and just having a bowl of pure Crunch Berries for the geek," Smith said in an AMC Q&A. "Everything that comes through the door, you're just like 'Oh my God, I have that!' or 'What is that worth?' or just something you never knew that existed, like 'I never knew *Bulletman* had a pal.' And suddenly you've got something that, if you're a geek, that is brilliant television."

But clips from the show more closely invoke "Pawn

Stars," "Hardcore Pawn" and the like in the dealing that goes on and the nicely confined setting inside a store.

But I'd watch Smith's show. As he asks at one point, what would stop anyone from pursuing a part of his childhood if he could? I am one of millions in this country who spent a good bit of that childhood hip deep in comics; my old, well-worn comics were also read by my sons (who later acquired issues of their own), and I have a few boxes of the comics still set aside. And even in adulthood, I dip into newer pages, looking not for larger meaning about society and culture.

So "Comic Book Men" is appealing. Listening to Smith and his cohorts talking about vintage issues makes me want to jump onto the screen and join in.

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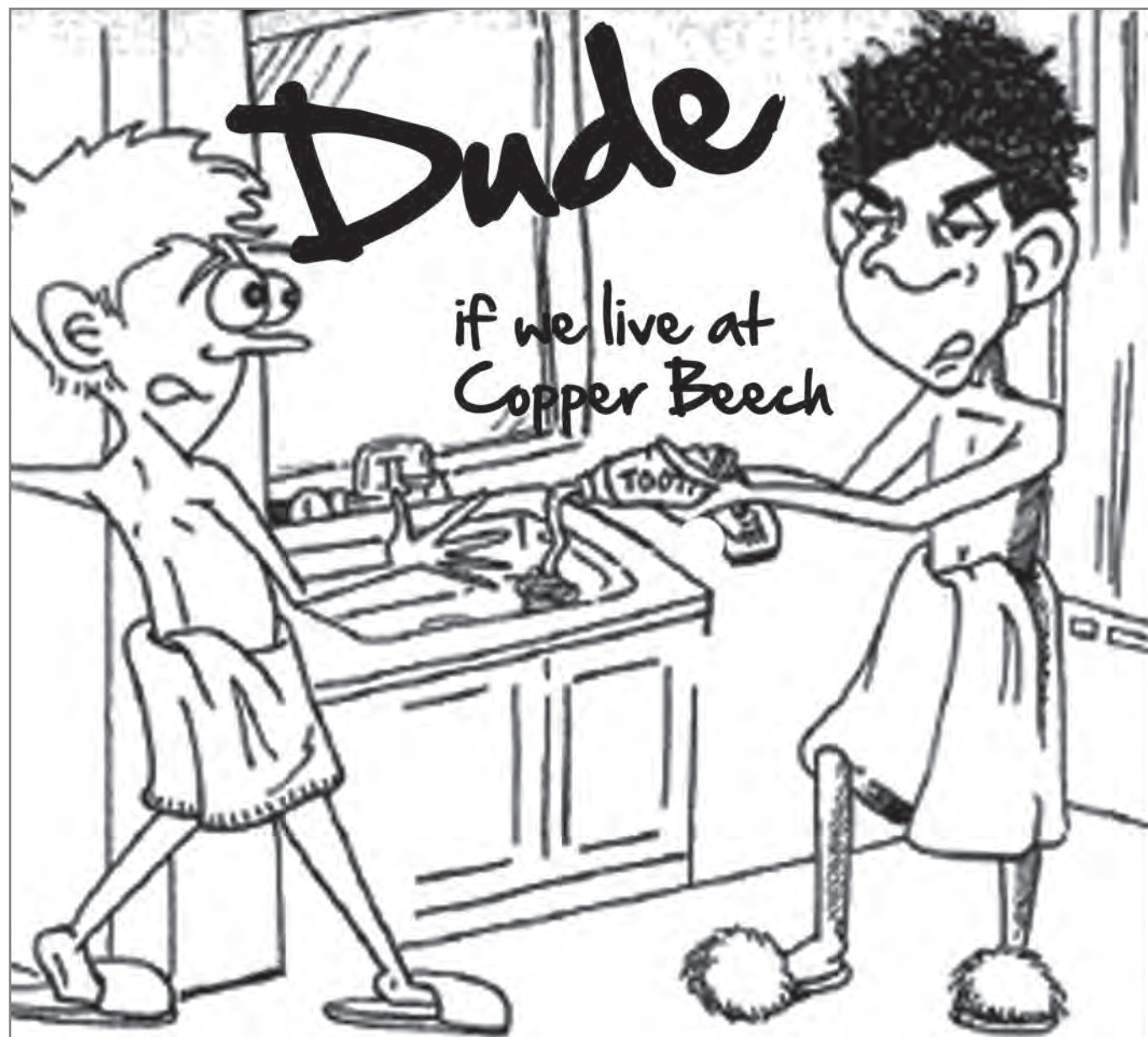
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CLUB ICE HOCKEY

SLAPSHOT

Team proves to be time commitment, but players say it's worth the travel and late nights if it means winning big

By **MEAGHAN MacDONALD**
The Breeze

The JMU club ice hockey team is a Cinderella story of its own. After a tough beginning, it's finally blossomed into one of the more successful and competitive programs in the Blue Ridge Hockey Conference.

"Last year was our first year making the playoffs, which was a great accomplishment, to come from seven players and not in any league to a playoff team," said senior president Andy LeClair. "And this year we clinched playoffs again. We are actually the second seed in

our conference this year so we are pretty proud."

The team came into existence four years ago and only consisted of seven players, weren't a part of any official club league and didn't have a coach. Since then, the team has evolved into an aggressive squad that's making a name for itself.

Because hockey is a club team, there's a significant amount of time and effort asked from each individual

player and member of the executive board. Team management is solely up to the executive board members. Together, the board takes care of all the financial situations that deal with budget and dues and take care of paperwork, the team's website, and issues regarding equipment.

The team, which practically runs itself, is heavily based on time management.

"Our schedule is 16 games per season and playoffs," said senior goalie

and treasurer Eric Daly.

The team practices every Wednesday night at 11:30 in Charlottesville. Practice is over at 12:30 and they're on the road by 1:30. By the time the team gets back to campus, it's already after 2 a.m. Game days run the same. The team leaves for a 9 p.m. game and doesn't return until nearly 1 a.m.

With all this time devoted weekly to hockey, the team still finds ways to

see **HOCKEY**, page B4

Sophomore forward Sam Stone, a marketing major, competed against Virginia Military Institute and George Mason this weekend. The team won both games.

ROBERT BOAG / THE BREEZE

FOOTBALL

'Big brother' chases after dream

D.J. Bryant and fellow Dukes train at camps for NFL draft



ASHLEY GRISHAM / THE BREEZE

Former captain and defensive end D.J. Bryant (below) makes one of his 48 season tackles against Austin Gund, a Richmond freshman offensive lineman. Bryant has been to Pennsylvania and Georgia to prepare for the NFL draft.

By **STEPHEN PROFFITT**
The Breeze

Older brothers tend to defend their siblings, set good examples and push their siblings to go after their dreams. D.J. Bryant is JMU football's big brother.

"He's a good leader and a funny guy," said Mike Allen, a former teammate who's training for the NFL draft.

Bryant, who finished his football career with JMU this past season, is now training to make his professional football dream a reality. Bryant finished his senior year with 48 tackles, seven sacks and a fumble recovery.

"Especially this past season, D.J. really was vocal," said teammate and NFL hopeful Kerby Long. "He was determined, and he really didn't want to lose."

The 2011 First Team All-CAA defensive lineman appeared in 41 games for the Dukes, including two NCAA playoff runs in 2008 and 2011 during his five years at JMU.

He's now entering an important stage in his football career as he prepares himself for the 2012 NFL draft, which starts April 26. His agent, Jason Sklar, represents multiple NFL players, including Justin Harper, a Virginia Tech graduate and a wide receiver for the Baltimore Ravens.

Bryant, a Baltimore native, has been training at Power Train gym in Lancaster, Penn., since Jan. 3. Yesterday, Bryant flew to Georgia to begin

training at Wellness Performance Institute in Suwannee, Ga.

"He really emerged as a playmaker, and he was a problem for every offensive tackle he faced," said Vidal Nelson, Bryant's former co-captain. "Our expectations are very high for this group."

D.J. Bryant "really emerged as a playmaker, and he was a problem for every offensive tackle he faced."

Vidal Nelson
former co-captain

Bryant recently took part in an All-Star game in Arkansas where he was able to show his skills and talents to other players and prospective teams.

"I met a great group of guys and a ton of scouts," Bryant said.

Bryant said he was able to talk to scouts from Jacksonville Jaguars, Buffalo Bills, St. Louis Rams, and 2011 Super Bowl champions the Green Bay Packers.

He's trying to join a talented list of JMU graduates in the NFL — Scotty McGee, Dorian Brooks, Akeem Jordan and Arthur Moats.

Bryant is also able to stay in contact with head coach Mickey Matthews on a regular basis.

"He just tells me to keep my head up and to let him know if I ever need anything, that he will do everything he can to help," Bryant said.

Along with Moats and Matthews, Bryant also credits his success with his strength and conditioning coach Jim Durning.

"He contributes a lot," Bryant said. "He tells me things I need to do and things I need to work on."

Bryant is not the only Duke this year to begin training for the next level. Taveion Cuffee, Lamar Middleton, Long, Nelson and Allen are all training for the draft, but Bryant added that not all of them had the opportunity to leave school to train yet, mainly because of class requirements.

The five are currently training at school with Durning, preparing for the March 16 NFL Pro Day. The seven-day workout routine focuses heavily on running with a mixture of other exercises.

"We pretty much do everything," Long said. "We do every testing thing that the combine scouts look for."

While the training is tough and time-consuming, all the players remain optimistic about their futures.

"When they get to a camp, they'll definitely be playing in the NFL

see **FOOTBALL**, page B4

LACROSSE

Top ranks for top program

Team picked to repeat as CAA champions

By **MATT SUTHERLAND**
The Breeze

What does a team with the conference preseason player of the year and No. 1 ranking want? How about a Final Four appearance?

That's what head coach Shelley Klaes-Bawcombe is looking for as women's lacrosse readies for a potential third consecutive year in the NCAA tournament. The team was also ranked No. 9 in the nation by the Intercollegiate Women's Lacrosse Coaches Association poll.

With more than a few weapons in its arsenal — old and new — the team is also predicted to capture a third Colonial Athletic Association title.

Senior defender Cally Chakrian, senior midfielder Annie Brophy and redshirt junior attacker Casey Ancarrow will lead the team as tri-captains this year — a move Klaes-Bawcombe believes depends on the team every year.

"It's defined by the makeup of the team, and we put a lot of emphasis in the squad on creating their own leadership," Klaes-Bawcombe said. "The team chose their captains, and we think they did a great job."

Ancarrow was last season's leading scorer with 43 goals, helping to make her this preseason's CAA Player of the Year.

Experience is also key for Dukes lacrosse this year. Because the team is returning eight seniors and three redshirt juniors, Klaes-Bawcombe is looking for the Dukes' upperclassmen to make a significant impact.

"I would say that because of the amount of returners we have this year that we're really gelling as a team really early," she said. "Offensively, we return the majority of our squad from last year, our entire midfield lineup is the same

from last year and our goaltenders look really good."

Along with seniority, the Dukes are looking to grab some aggression this year, starting with a more high-pressure defense that was absent for most of last season.

"We've been more conservative in the past, so I think that'll do us a lot of good," said Caitlin McHugh, a senior midfielder.

But the new plan has seen some splinter effects in the offense, explained senior attacker Alex Napoli.

"We've been able to mold it better this year with more time," Napoli said. "Other teams — when you start getting into the top 25 or top 10 — they're using a lot of high pressure, so we're learning how to get a lot better at getting through it."

JMU tested out its new schemes against Dartmouth College on Saturday, a team the Dukes described as being very aggressive on the ball. The result was a 12-8 win over the Big Green.

A lack of communication was another aspect the team felt it needed to improve.

"Our game is like basketball where there's a lot of play calls," Klaes-Bawcombe said. "We need players to make decisions for themselves, call their own plays and realize what the game needs, time and score-wise."

Although players do find it easy to work with one another, McHugh noted that the team has been working harder on talking during the play.

"I think communication is something we've had to work on, on the field, off the field, in practice with coaches and with each other," she said. "It's not something we've had right away. We've come to work on it."

see **LACROSSE**, page B4



NATE CARDEN / FILE PHOTO

Redshirt junior attacker Casey Ancarrow was voted All-CAA preseason Player of the Year. Ancarrow had 43 goals last season and played in the NCAA tournament.

LACROSSE

To take on Welsh team



RYAN FREELAND / FILE PHOTO

Senior midfielders Caitlin McHugh (left) and Ashley Kimener warm up before a game. Lacrosse's season will start Tuesday.

from page B3

Women's lacrosse will play its first home game Tuesday against the Wales National Team in Bridgeforth Stadium at 6:30 p.m. It will be the first time the team plays in the new stadium and its first time in Bridgeforth since 1991, Klaes-Bawcombes said. The team is playing in the stadium

because of its foreign guests. "I think that any time you play an international squad, there's a fitness and physicality factor that's going to prepare your team," she said. "We just saw that as a great opportunity to play at home."

CONTACT Matt Sutherland at breezecopy@gmail.com.

FOOTBALL

Bryant is confident

from page B3

next year, too," Bryant said. Bryant has learned to not hone in on any one team or the rumors floating about where, or when, he'll be drafted. "Some people say I might get drafted sixth round and some people say free agent," Bryant said. "It is something I can't control. I really can't say ideally I want to play here

because I can't control that. The only thing I can control is how I work out and how I test." But Bryant knows one thing is certain: success. "You don't do all this stuff for no reason not to think you have a chance," he said.

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HOCKEY

Tryouts increasingly competitive

from page B3

maintain impressive academic records. "We have one of the highest team GPAs in the league," LeClair said. "We have four academic all-Americans this semester, so that was a nice accomplishment." To be an academic all-American you must be a junior or senior with at least a 3.2 GPA. This year's team has four, compared to other schools that typically have one or two scholars. As the team grows, tryouts have become increasingly competitive. About 40-50 players come out for the team and usually about 25 players make it. "It really depends on the talent because we don't want to water down the team or anything," said captain and vice president Mitchell Allen. "We try to pick the most successful team." The achievements of the hockey team would not be possible if it were not for the hard work and patience put in

by the team's adviser and head coach. Bob Kolvoord, the team's adviser, helps out a great deal with the transitions from year to year since the executive board is constantly graduating and inducting new members. Head coach Frank Ashby Sr., father of player Frank Ashby, is working solely because of his passion for coaching. He isn't a faculty member at JMU and volunteers his free time to the team. Ashby commutes from Richmond to Charlottesville for every game and practice for no pay. This weekend, the hockey team played two home games and crushed its competition. In Friday's 13-2 win over the Virginia Military Institute, JMU's starters were pulled off the ice after a 10-0 lead in the first period. Saturday's 10-3 victory over George Mason improves the team's record to 9-3 in conference and 10-3 overall.

CONTACT Meaghan MacDonald at breezesports@gmail.com.



ROBERT BOAG / THE BREEZE

President Andy LeClair (right) and junior Brandon Sorbara celebrate after wins over Virginia Military Institute and George Mason. The Dukes led VMI 10-0 in the first period during Friday's game and won both matchups.

BASKETBALL (58-56)

Rebounds don't ruin Dukes

Although they lost the board battle, Dukes barely pass Towson for win

By STEPHEN PROFFITT
AND CARLEIGH DAVIS
The Breeze

The Dukes finally got back into the win column Saturday afternoon as they defeated Towson 58-56, snapping their five game losing skid. Despite having JMU having an 18-point lead early in the second half, the Dukes saw the Tigers claw their way back into the game midway through the second half, setting up for a tight finish. Towson's sophomore forward Marcus Damas missed a jumper as time

expired that could've sent the game into overtime. "Our perserverance and resiliency was good, but rebounding is a problem for us," said head coach Matt Brady. That statement was proven by Towson out-rebounding JMU 49-19, a problem that's widely recognized. "Obviously it's something the coaches and all of us talk about all the time," said junior guard Devon Moore. "It's something that you got to want to do, you gotta want the ball — it's something that's a big priority going forward, not just now

but next season. We have to do [it] and we just have to get better cause that's going to be our Achilles heel later on the in the tournament." Moore, who scored the Dukes' last six points to seal the win, feels that despite the rebounding problem, the end of the season could still end positively. "Obviously we want to get over the hump we've been facing," Moore said. "This win is very big for us as far as our program and going forward. I know we haven't had the best season but we're trying to

finish the season." Moore finished with 10 points and seven assists. Senior guard Humpty Hitchens netted 18 points while junior forward Andrey Semenov finished with 17 points and five rebounds. Both Hitchens and Semenov went 5-8 from behind the arc. The Dukes improve to 11-16, 4-11 in the CAA. They now take on the Panthers of Georgia State at home Tuesday night.

CONTACT Stephen Proffitt and Carleigh Davis at breezesports@gmail.com.

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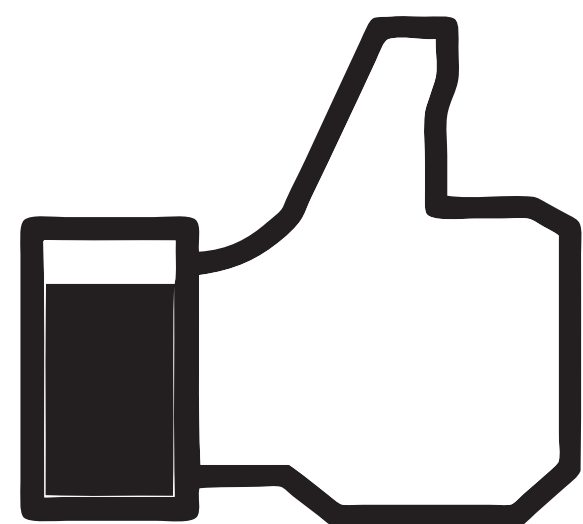
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